

## PRESCHOOL Mind Monsters

**NOTE TO PRESCHOOL PARENTS:** Each week, our Parent Guides and activity pages will continue to change, but your Preschoolers will be experiencing the same Bible lesson portion of our video curriculum for the entire month. Research shows that Preschoolers retain more information through repetition and it is our hope that each week your Church Kid will grow a deeper understanding and love for Jesus through this structure. We are so excited for what God is doing in and through each and every Church Kid.

[CLICK HERE FOR YOUR PRESCHOOL AT HOME CHURCH KID EXPERIENCE](#)

**GAME SUPPLIES NEEDED FOR THIS WEEKEND:** You will need one inflated balloon.

**MAIN POINT:** How to catch a Mind Monster.

**MEMORY VERSE:** “Take every thought captive and make it obedient to Christ.” 2 Corinthians 10:5

**BIBLE STORY:** The Story of Moses

**FAITH DECLARATION:** F.A.I.T.H.

### CONNECT

#### INSTRUCTIONS:

Say: **Today we started our series Mind Monsters. In the video we watched Jimmy and Craig train to catch Mind Monsters. Mind Monsters are bad thoughts that try to come into our head and tell us lies. Let’s join Jimmy and Craig and learn how to catch those stinky Mind Monsters. Let me hear you say: “SO LONG YOU PESKY MIND MONSTERS!” Great job!**

### APPLY

**BIG IDEA:** This is where we help kids apply what they learned to their personal lives.

#### INSTRUCTIONS:

- Read Question 1: **What Mind Monster did Moses have to fight?** (Doubt)
  - Apply: Shrug your shoulders and say, “Oh no.”
- Read Question 2: Were Jimmy and Craig surprised that Moses had a Mind Monster? (Yes)
  - Apply: Make a surprised face.
- Read Question 3: **How can you RECOGNIZE (see, or tell) if your thought is a Mind Monster?** (If it doesn't match what God says.)
  - Apply: Pretend to open a Bible.
- Read Question 4: **How do we RECOGNIZE the Mind Monster Doubt?** (When we think we are not special.)
  - Apply: Say, “I am special.”
- Read Question 5: **Which lion should we feed; the good lion or the bad lion?** (The good lion)
  - Apply: Roar like a lion.

### PRAY

**BIG IDEA:** This is our opportunity to teach kids that part of having a relationship with Jesus is talking to Him.

**INSTRUCTIONS:** Talk to the kids about why we pray, ask for prayer requests, and ask them to pray out loud.

### SAY IT AGAIN

Practice the memory verse or even try learning the Memory Verse Rap.

**GAME SUPPLIES NEEDED FOR NEXT WEEKEND:** You will need one roll of toilet paper.

[FOR AN EXTRA PRESCHOOL ACTIVITY, CLICK HERE](#)

## ELEMENTARY (K–Grade 3) Mind Monsters

[CLICK HERE](#) FOR YOUR K–GRADE 3 AT HOME CHURCH KID EXPERIENCE

**GAME SUPPLIES NEEDED FOR THIS WEEKEND:** You will need two cones, five hula hoops, (or two water bottles and 5 paper plates with center cut out) per player.

**MAIN POINT:** How to catch a Mind Monster.

**MEMORY VERSE:** “Take every thought captive and make it obedient to Christ.” 2 Corinthians 10:5

**BIBLE STORY:** The Story of Moses.

**FAITH DECLARATION:** F.A.I.T.H.

### CONNECT

**SUPPLIES:** Situation Cards cut into squares

#### INSTRUCTIONS:

- Ask: **If our Mind Monster Busta names are the color of our shirts and the last thing we ate, then what is your Mind Monster Busta name?**
- Say: **Today we kick off the month of October with nothing better than Mind Monsters! In the video we watched Jimmy and Craig train to become Mind Monster Bustas. They even did physical training like jumping jacks, push ups, and all the other hard exercises. Let’s start our own training in Mind Monster Busten by going through these Mind Monster training cards and seeing how we handle the situation.**
- Read Situation Cards. Have kids answer them.
- Read all the situations until all of them have been read.
- Ask: **What’s the nicest thing someone has said to you?**

### APPLY

**BIG IDEA:** This is where we help kids apply what they learned to their personal lives.

#### INSTRUCTIONS:

Ask kids the following questions:

- **Who is at risk of getting Mind Monsters?** (Everyone is at risk of getting Mind Monsters.)
- **What Mind Monster was Moses dealing with?** (Doubt)
- **How do you think Jimmy and Craig felt knowing that Moses from the Bible even dealt with Mind Monsters?** (Surprised and not alone.)
- **Have you ever felt like Moses did, that no one would listen to you? If so, when?** (Answers may vary)
- **What is something that you have had doubts about?** (Answers may vary.)
- **How do we RECOGNIZE if a thought is a Mind Monster or not?** (If it doesn’t line up with what God says, it’s a Mind Monster.)
- **How do we RECOGNIZE the Mind Monster Doubt?** (If we start thinking we are not good enough, not special enough, not called, etc. These thoughts don’t align with what God says.)
- **Don G talked about either feeding the good lion or the bad lion. If the bad lion is doubt, how do we feed the good lion?** (By feeding our faith. The more we feed our faith the stronger it will get.)

### PRAY

**BIG IDEA:** This is our opportunity to teach kids that part of having a relationship with Jesus is talking to Him.

**INSTRUCTIONS:** Talk to the kids about why we pray, ask for prayer requests, and pray it out. Offer kids a chance to give their lives to Jesus if they haven't already. Take time to celebrate them and their decision.

## SAY IT AGAIN

Practice the memory verse or even try learning the Memory Verse Rap.

**GAME SUPPLIES NEEDED FOR NEXT WEEKEND:** You will need one dice and two cones per player for marking spots.

**FOR SITUATION CARDS [HERE](#)**

## ELEMENTARY (Grades 4–5) Mind Monsters

**[CLICK HERE](#) FOR YOUR GRADES 4–5 AT HOME CHURCH KID EXPERIENCE**

**GAME SUPPLIES NEEDED FOR THIS WEEKEND:** You will need two cones, five hula hoops, (or two water bottles and 5 paper plates with center cut out) per player.

**MAIN POINT:** How to catch a Mind Monster.

**MEMORY VERSE:** "Take every thought captive and make it obedient to Christ." 2 Corinthians 10:5

**BIBLE STORY:** The Story of Moses

**FAITH DECLARATION:** F.A.I.T.H.

## CONNECT

**SUPPLIES:** Situation Cards cut into squares

### INSTRUCTIONS:

- Ask: **If our Mind Monster Busta names are the color of our shirts and the last thing we ate, then what is your Mind Monster Busta name?**
- Say: **Today we kick off the month of October with nothing better than Mind Monsters! In the video we watched Jimmy and Craig train to become Mind Monster Bustas. They even did physical training like jumping jacks, push ups, and all the other hard exercises. Let's start our own training in Mind Monster Busten by going through these Mind Monster training cards and seeing how we handle the situation.**
- Read Situation Cards. Have kids answer them.
- Read all the situations until all of them have been read.
- Ask: **What's the nicest thing someone has said to you?**

## APPLY

**BIG IDEA:** This is where we help kids apply what they learned to their personal lives.

### INSTRUCTIONS:

Ask kids the following questions:

- **Who is at risk of getting Mind Monsters?** (Everyone is at risk of getting Mind Monsters.)
- **What Mind Monster was Moses dealing with?** (Doubt)
- **How do you think Jimmy and Craig felt knowing that Moses from the Bible even dealt with Mind Monsters?** (Surprised and not alone.)

- **Have you ever felt like Moses did, that no one would listen to you? If so, when?** (Answers may vary.)
- **What is something that you have had doubts about?** (Answers may vary.)
- **How do we RECOGNIZE if a thought is a Mind Monster or not?** (If it doesn't line up with what God says it's a Mind Monster.)
- **How do we RECOGNIZE the Mind Monster Doubt?** (If we start thinking we are not good enough, not special enough, not called, etc. these thoughts don't align with what God says.)
- **Don G talked about either feeding the good lion or the bad lion. If the bad lion is doubt, how do we feed the good lion?** (By feeding our faith. The more we feed our faith the stronger it will get.)

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## SAY IT AGAIN

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**GAME SUPPLIES NEEDED FOR NEXT WEEKEND:** You will need one dice and two cones per player for marking spots.

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